

## Homeless Medical Respite Program

### Admission Criteria:

- Program intake to occur M-F 9am – 4pm CST
- Subject to all rules of the shelter
- Currently a homeless person age 16 and over
- Needs respite care services and has no other means of obtaining these
- Will be suffering from a medical problem that would benefit from respite care environment
- Must have medical condition that can effectively be addressed within  $\leq$  6 weeks
- Will be independent in Activities of Daily Living (can move around independently, go to the bathroom without assistance, and feed self)
- Will be continent (able to control bodily functions); independently cares for ostomy if applicable
- Will be medically stable (their condition is not declining rapidly)
- Will be willing to see a medical professional as scheduled and comply with medical recommendations
- Will be behaviorally appropriate for group setting (not suicidal or likely to assault others)
- May have IV access
- Will not have a contagious disease or need isolation
- Capable of taking their own medications
- Must comply with daily hygiene
- Must have “discharge plan” including a projected date of discharge and goals, from the Homeless Medical Respite Program

### Exclusion Criteria:

**Patients must not have behavioral issues that require staffing beyond respite’s capacity.** *Exclusion criteria based on the above statement include that the patient **must not**:*

- Have their primary reason for hospital admission as psychiatric diagnosis/disorder
- Require a sitter
- Require physical restraints
- Have severe cognitive impairment that makes patient unable to consent to care, unable to perform basic ADLs, or at high risk of wandering

**Additional Exclusion Criteria:**

- Have unresolved medical or surgical issues that necessitate daily physician follow-up or that would necessitate continued stay in an acute care hospital based on standard criteria
- Need IV antibiotics more than twice daily or need continuous infusion
- Need acute physical rehabilitation services at the skilled nursing facility level
- Need total care (for basic ADLs)
- Be incontinent
- Need full assistance with transfers
- Require special beds

**Discharge Criteria:**

- Completion of *acute* medical follow up such as: IV antibiotics and wound care treatments
- The Coordinator/Case Manager of the Homeless Medical Respite Program will collaborate with representatives from ECHO and/or other health care providers to determine if the patient is ready for discharge from the homeless medical respite program.